

2019



**BLOOMINGTON
HEALTH
FOUNDATION**

Meet Megan. Megan is a single mom with two kids who lives in Bloomington and is recovering from substance use disorder. She wrote a handwritten letter expressing her gratitude for the opportunity to earn a job through an innovative supportive employment collaboration between the City of Bloomington Parks Department, Centerstone and the Bloomington Health Foundation. Supportive employment initiatives are evidenced based programs that serve as one of the building blocks in a comprehensive treatment plan for substance use disorder. She writes, “I sat in jail, hopeless, and lonely and feared that that I’d never be able to succeed due to the poor choices I made. I take responsibility for those choices and the consequences they have had on me and my family.”

Eventually, Megan was offered a position doing landscaping work with the Parks Department. She writes,

“**This job has given me hope, happiness, and dignity and will serve as a stepping-stone to better things. I absolutely love working in the community where people from my past can see me. My story gives hope to others who are struggling.**”

Substance use disorder is a disease. There is treatment. Recovery is possible.

Over the past year Bloomington Health Foundation has been deeply proud to be part of our community’s response to the opioid crisis. Most recently **BHF committed \$210,000 in conjunction with the Stride Coalition to help open the Monroe County Crisis Diversion Center.** I invite you to learn more about the Stride Coalition, the Crisis Diversion Center and other innovative Foundation initiatives in the pages that follow.

We are one of the many problem solvers who join forces with other likeminded individuals and organizations who believe that in order to have a successful community we must have a healthy community.

Join the movement today by making a tax-deductible donation in support of our High Impact Community Health Solutions Fund.

Together for a healthier tomorrow.

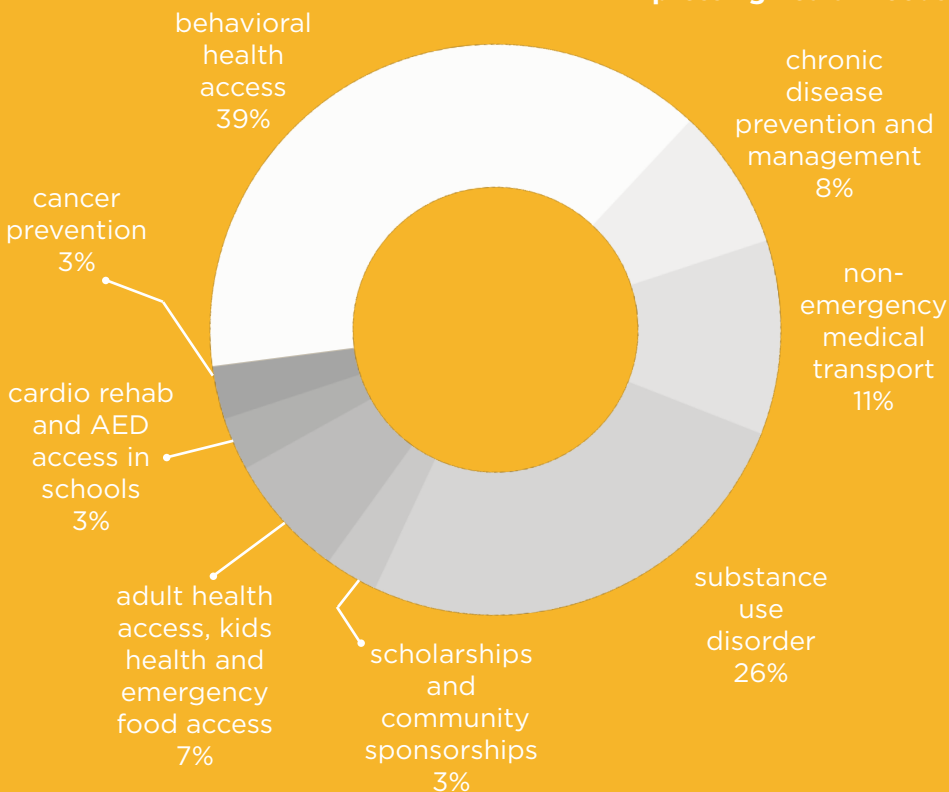


**Jonathan W. Barada
President & CEO
Bloomington Health Foundation**

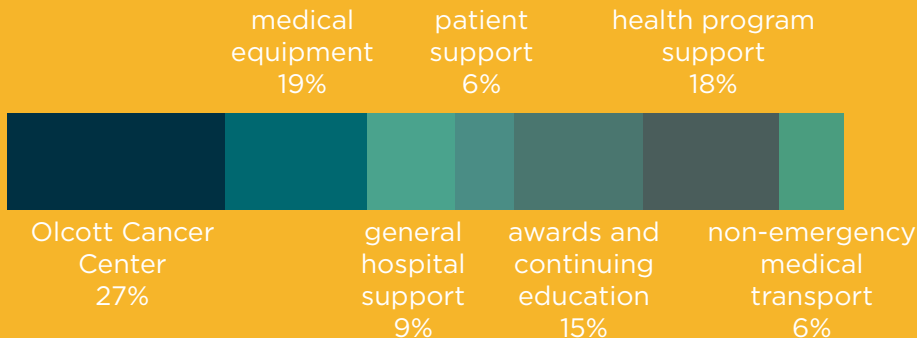


IMPACT BY THE NUMBERS

Since 2018, financial commitments of over \$1.03M are hard at work in collaboration with local partners to address our community's most pressing health needs.



We are proud to continue our partnership with IU Health Bloomington with over \$900,000 in grants since 2018. Targeted partnership areas are listed below.



Helping Bloomington Monroe

HelpingBloomingtonMonroe.org is a new online resource that connects those seeking assistance to local service providers. Simply type in your zip code and you'll instantly be connected to over 1,400 listings for emergency housing, food access, medical care, and more. This project is a significant step forward in connecting our neighbors with the tools they need to live healthier lives.



If you are connected with a program that benefits the well-being of our neighbors such as a physician, church, or other social service provider, please visit HelpingBloomingtonMonroe.org and claim your listing now!

HelpingBloomingtonMonroe.org is a partnership with BHF, The Local Council of Women and the City of Bloomington.

Crisis Diversion Center

The Stride Coalition (Monroe County Coalition for Progress in Substance Use Disorder), of which BHF is a founding member, is excited to announce the creation of a new crisis diversion center to support those with substance use disorder in our community.

BHF is proud to be a major funding partner to help this project. Funds were raised from a combination of private, public, and not-for-profit institutions, with the help of a matching grant from IU Health.

To learn more about the coalition and the Crisis Center, visit StrideCoalition.org.



IMPACT COMMUNITY GRANTS

Non-Emergency Medical Transportation

Reliable access to transportation is a significant barrier for many in our community seeking access to healthcare services. The American Hospital Association reports that 3.6 million individuals annually miss medical care appointments because they do not have access to transportation. One estimate indicates that nearly 200 requests for rides go unfilled each month in Monroe County due to a lack of transportation capacity.

BHF is working to alleviate the barriers of non-emergency medical transportation by providing short and long-term solutions. In collaboration with local funding partners we announced a grant to Area 10 Agency on Aging to purchase and operate a wheel-chair accessible vehicle in our community. Additionally, BHF made grants to provide immediate funding for transportation vouchers to the following local organizations who are on the front lines of helping people receive services and medical treatment: IU Health, Centerstone, Volunteers in Medicine, Amethyst House, Shalom Center, New Hope Family Shelter, Wheeler Mission, Catholic Charities, Middle Way House and Be Loved Transportation.

Chronic Disease Prevention & Management

The 2018-2019 Monroe County Community Health Needs Assessment identified chronic disease prevention, obesity and poverty among the top five health issues in the three-county region of Monroe, Owen and Lawrence counties. The Robert Wood Johnson Foundation states that healthy food incentive programs are an evidenced-based method to increase both healthy food access and consumption, leading to increased prevention and better management of chronic disease.

In partnership with the Bloomington Community Farmers' Market and the Bloomington Parks Foundation, BHF announced a significant grant to support a tripling of food vouchers for Seniors and the Women Infant and Children, or WIC, populations at the Bloomington Community Farmers' Market for the next two years.

The second Impact Local Healthcare Awards was held at Monroe Convention Center on July 23, welcoming over 200 guests and celebrating the achievements of two physicians and one organization.

Dr. William Anderson, the late Dr. John Miller, and Volunteers in Medicine were recognized for their significant, lifelong contributions to local healthcare.

Criteria for selection include excellence in professionalism, community leadership and service, and exemplary contributions to the enhancement of local healthcare.

2019 EVENTS

2019 Impact Local Healthcare Awards



From L-R, BHF President & CEO Jonathan Barada, Volunteers in Medicine Executive Director Nancy Richman, Volunteers in Medicine Founder Dr. Rajih Haddawi, Wife of the late Dr. John Miller Geraldine Miller, Dr. William Anderson, and BHF Board Chair Angela Parker. Photo by Robert Stoffer.

In the spirit of the giving season, we announced nearly \$200,000 in commitments to address non-emergency medical transportation and chronic disease prevention and management at our holiday celebration on December 10th.

Holiday Event

From L-R, BHF President & CEO Jonathan Barada with Parks & Rec staff and Parks Foundation Board: Jim Murphy, Paula McDevitt, Debbie Lemon, Chris Quackenbush, Marcia Veldman, and Chris Hawk.



Photo by Robert Stoffer



photo by William Claytor

20th Hoosiers Outrun Cancer

A record-setting 5,292 participants and 412 volunteers gathered for the 20th running of Bloomington Health Foundation's Hoosiers Outrun Cancer 5k. The event, held at IU Memorial Stadium on September 28th, raised \$495,000, shattering the \$250,000 fundraising goal.

Since its inception, the event has raised nearly \$4M for cancer patients in the community with needs beyond clinical care including wigs, transportation vouchers, lymphedema sleeves, therapy, support groups, and more.

Many records were broken this year including sponsorship totals, number of teams, and overall number of participants. Bloomington Health Foundation President and CEO Jonathan Barada is thrilled by the success of the event, "Hoosiers Outrun Cancer is more than a fundraising event. It's a memorial. It's a celebration. And, perhaps most importantly, it's an outward and visible symbol to those whose lives have been touched by a cancer diagnosis that our community supports you and stands with you."

Since 2018, BHF has committed \$1.9M in grants to local organizations to make our community healthier.



TOGETHER for a healthier **TOMORROW**

Join the movement at bloomhf.org/donate

BHF invests philanthropic support in partnership with the people and organizations of our community by convening, seeking input, and leveraging existing assets to implement innovative, evidence-based solutions to our community's health concerns.

5 Questions Series

In our Five Questions series we ask leaders five questions about their unique perspective on the health of our community, such as Mayor John Hamilton (*pictured.*) New additions to the series can be found each month in our monthly newsletter.

Get the BHF newsletter in your inbox by going to **bloomhf.org/newsletter**



2019 Board of Directors

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Don Lukes, *Treasurer*
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Debbie Lemon
Dean Lenz, MD
Sonna Merk
Winston Shindell
Jennie Vaughan
Drew Watters, MD
John West
Shawn Williams

Special thanks to outgoing board member Julie Donham for her 18 years of service to local healthcare and to Angela Parker as outgoing Chair for her transformational leadership as board chair for the past two years.

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