

IMPACT

A publication dedicated to sharing the impact made locally by the friends of the Foundation.



RUNNING FOR RUTH

In the summer of 2013, Ruth Chapman went in for a planned hysterectomy; unfortunately, the pathology report revealed a very rare and extremely aggressive malignancy. As a precaution, Ruth began chemotherapy (with significant side effects). In February of 2014, an abdominal tumor was found at which point she began three painstaking rounds of a different chemotherapy. But Freddie, as they named the tumor, kept growing. She began radiation; and still the tumor grew. Alternate chemotherapies were tried but to no avail. Ruth lost her battle with cancer in March of 2015 in the comfort of the IU Health Hospice House surrounded in her final days by those who loved her. But those nearly-three years of battling cancer are only a small part of her life story...and mark just the beginning of Running for Ruth.

Ruth is described by those who loved her as strong, wise, witty and kind. She was a straight talker, and when she spoke, people listened. She never gave up. She was known to cycle in her spin class for miles and miles – even after the exhaustion of chemotherapy. Quite simply put, Ruth was an inspiration. Ruth was supported in life and in love by her partner of 18 years Amy Cope. Amy and Ruth would have celebrated their one-year wedding anniversary on June 26, 2015.

Lauren Rapacki, a close friend of the couple, wanted to help her “framily” (friend considered family) with her cancer battle and all the related expenses. She started a Go Fund Me page for Ruth and Amy to accomplish this monumental task.

Within that funding campaign, the very first Running for Ruth team at Hoosiers Outrun Cancer was born – in 2014. The first team had around 60 members. The 2015 Running for Ruth team boasted more than 100 members and was that year’s largest community team.

“The most incredible thing throughout all of this (the Go Fund Me campaign and Hoosiers Outrun Cancer), was finding out what amazing people we had in our lives,” explained Amy. “Neither of us had relatives in Bloomington, so our family was really there for us. That was our silver lining – seeing and feeling so much love from so many.”

Amy recalled that first race in 2014, when Ruth was still alive but was physically unable to complete the 5K, “It was a beautiful day. We were all wearing our Running for Ruth t-shirts. Ruth was still having radiation and chemotherapy so we watched the whole thing from the stands. It felt so empowering, and it was so inspiring to see all the people, especially the survivors.”

The 2015 race was a little harder for Amy as Ruth had just passed away the previous spring. “It was tough,” Amy said. “The release of the balloons really moved me – it was such a visceral and visual representation of those who were not there with us. Again, my family supported me in a way that I did not know was possible. To be Running for Ruth with so many who loved her was truly special.”

Amy went on to say, “There isn’t a person alive who doesn’t know someone who has passed from cancer – or survived cancer. Hoosiers Outrun Cancer is a way to make a real impact. It’s just so powerful. I had never participated until Ruth got sick. That’s a regret I have – I wish I would have tried it sooner. Just grab a few people and go and do this! It’s going to change you for the rest of your life – it really is.”

Lauren added, “Four years later, we continue to fight to raise awareness, and we do it in Ruth’s name to never forget the person who inspires us to keep fighting so we don’t have to lose ‘the Ruths’ in our lives before their

RUNNING FOR RUTH CONT...

time. It is empowering knowing the true meaning of strength and courage. When I see that 'sea of blue' Running for Ruth, I feel her strength and take comfort knowing that together we are taking steps towards ending this horrible disease."

Ruth was special. And one thing that made her special was the ability to bring together a diverse group of people – people that again this year will be Running for Ruth. "Anyone can support Running for Ruth," said Amy. "All it takes is a desire to help others and be involved in something greater than oneself." The Running for Ruth tradition continues this year, and anyone not already on a team is "more than welcome" to join the Running for Ruth team.

Visit HoosiersOutrunCancer.org for more information, to register, to make a donation, to volunteer or to join a team. See you September 30, 2017.



Ruth, Lauren and Amy in 2014



Benefiting the IU Health Olcott Center

Register TODAY at
HoosiersOutrunCancer.org

Hoosiers Outrun Cancer Schedule – September 30, 2017
IU Memorial Stadium

- 7:30 am - 9:30 am | Registration and material pickup at the West Concourse of IU Memorial Stadium
- 9:15 am | Cancer survivors gather near stage
- 9:30 am | Opening Ceremony
- 9:50 am | Final Instructions
- 10:00 am | Start of 1-mile kids' run and family walk
- 10:20 am | Start of 5k run
- 10:25 am | Start of 5k walk
- 11:15 am | Awards Ceremony

Important Dates, Deadlines and Information

- Team Registration Deadline: **September 21**
- Team Packet Pickup Registration Deadline: **September 25** (Team Captains MUST email ldexter1@iuhealth.org in order for packets to be picked up as a team; otherwise teams may have members pick up their packets individually during packet pickup)
- Individual Online Registration Deadline: **September 25** (\$25 per person)
- Onsite Registration will occur during packet pickup (\$30 per person)*
- Packet Pickup: Friday, September 29 from 10 a.m. to 6:00 p.m. and Saturday (race day), September 30 from 7:30 to 9:30 a.m. at the West Concourse of IU Memorial Stadium
- Race materials cannot be mailed. There are no refunds for this event.
- For liability reasons, pets are not allowed onsite. We are sorry for any inconvenience.

* T-shirts will be given as available to onsite registrants

2017 Hoosiers Outrun Cancer Sponsors

The Bloomington Hospital Foundation would like to thank our 2017 sponsors: (as of August 15, 2017)

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Heritage Society Member Event Showcases the Inaugural Impact Local Healthcare Awards

In mid-June the Bloomington Hospital Foundation hosted a Heritage Society Member event at the IU Auditorium. Heritage Society members are forward-thinking individuals who care deeply about local healthcare and who have pledged at least \$10,000 (and many much more) to the Bloomington Hospital Foundation.

The highlight of the 50th Anniversary celebration was the presentation of the Inaugural Impact Local Healthcare Awards – four awards given to four pillars of the local healthcare community. Three of the four awards were delivered posthumously — to Bill Cook, Dr. Frank Hrisomalos and Dr. Anthony Pizzo. Dr. Jean Creek personally accepted his award.

The first man to be honored was Bill Cook, the founder of the Cook Group. Bill and his wife, Gayle, were the first employees of a company that has now grown to a global network of companies. He was a pioneer in the development of life-saving, minimally invasive medical device technology.

Next to be honored was Dr. Frank Hrisomalos. Dr. Hrisomalos graduated from the IU School of Medicine in 1957 and started a family medical practice on Kirkwood. That was the beginning of a 57-year career, making him the longest-practicing physician in Monroe County before his retirement in 2014.

The final posthumous award went to Dr. Anthony Pizzo, a man who led a life of service. Dr. Pizzo began the pathology lab at IU Health Bloomington Hospital in 1951, and worked in that unit for more than 50 years. The hospital's pathology lab now bears his name. During his time as a city council member, from 1993 to 2003, he served as the driving force behind an ordinance to ban smoking in all public places.

The final award of the night was given to Dr. Jean Creek. His practicing career lasted from 1955 until 2007, with several accomplishments in between. Over the course of his career, Dr. Creek was a physician for IU sports teams; former IU President Herman B Wells' personal physician for 25 years; a founding member of Internal Medicine Associates; and taught as a clinical professor of medicine in the medical science program at IU for 37 years.

Are you interested in membership to the Heritage Society?

If so, please call us at 812.353.9528 to learn more about the ways you and your family can make an impact on local healthcare.



Bloomington Hospital Foundation Board Member Aimee Hawkins-Mungle shared some quality time with Gayle Cook.



The Hrisomalos children accepted the award on their father's behalf. Pictured left to right are Elaine Coghlan, Karen Hrisomalos, Foundation President Jon Barada, Tom Hrisomalos, and Foundation Board Chair Kevin Theile.



Angelo Pizzo accepted an Impact Local Healthcare Award on behalf of his father Dr. Anthony Pizzo.



Dr. Jean Creek (center) accepted his Impact Local Healthcare Award from Foundation President Jon Barada (right) and Foundation Board Chair Kevin Theile.



SAVE THE DATE!

The Foundation's Annual Holiday Gala will be held December 2, 2017, in the Indiana Memorial Union – Alumni Hall. Mark your calendar and save the date for this fun-filled evening supporting the Bloomington Hospital Foundation. Watch for formal invitations to come – but in the meantime, pen us in on your calendar and get ready to help us cap off our year-long celebration of our 50th anniversary!

briefly Speaking

Whether a Villain or a Hero, Everyone Enjoyed 100 Men Who Cook



The Bloomington Hospital Foundation extends a huge thank you to both the sponsors and the chefs of Bloomington 100 Men Who Cook. Hosted by Old National Bank, in partnership with the Foundation, the event raised nearly \$150,000 for IU Health Children's Therapy! This event is a delicious example of local philanthropy making a local impact.



Dr. Jim Laughlin, with chef assistant Dr. Catherine Laughlin (Woody and Jessie from Toy Story), was named Top Chef. Here they received their Top Chef award from Old National Bank Regional President Scott Shishman (dressed as Mugatu from Zoolander).

\$50 for 50 Years

Thank you to everyone who contributed to our \$50 for 50 Years mini-campaign! We're still tallying up the final amount and seeking approvals on distribution of the dollars raised. If you contributed, watch for an email very soon with an update!

Speaking of 50 for 50 – are you following along with our 50 Stories for 50 Years on our website and 50 Photos for 50 Years on our Facebook page? Be sure to check both out: www.BloomingtonHospitalFoundation.org and www.facebook.com/BloomingtonHospitalFoundation.



The Bloomington Hospital Foundation's Women of Vision

hosted "Carb School" on Wednesday, July 26, at IU Health Bloomington Hospital's Wegmiller Auditorium. Guests were treated to a discussion led by IU Health Bloomington-Paoli Dietitian Mary Jo McClintic (pictured above) as she spoke about the different types of carbohydrates and the role they play in nutrition and wellness. The final Women of Vision forum of the year was held on August 17 at the Bloomington Country Club. Keynote speaker Peggy Welch spoke about "Taking Care of Our Community" along with IU Health Bloomington Community Health Director Carol Weiss-Kennedy. Guests also heard about new hospital build updates from IU Health's Regional Director of Strategic Integration, Mary Ann Valenta. If you would like to be added to the Women of Vision email list, email Lauren Dexter, ldexter1@iuhealth.org.

2017 Crib for Every Baby Campaign

Unfortunately, more than 3,400 babies in the United States die from sleep-related deaths each year. In fact, sleep-related deaths are the number one cause of death for infants between one month and one year old. Studies show that many of these deaths are caused by accidental suffocation due to unsafe sleeping environments.



In 2015, there were 2,011 infants born at IU Health Bloomington Hospital – of those, nearly half were Medicaid, charity care or no-insurance patients. Couples and mothers are starting their families and are perhaps not as financially prepared as possible – and one way to save money is by not purchasing a crib and simply having baby sleep in a parent's bed or on a couch.

The IU Health Bloomington Safe Sleep Program provides portable cribs – sometimes referred to as a "pack-n-play" – to families of infants who cannot otherwise afford a crib. In order to receive a crib free of charge, parents must first participate in a Safe Sleep education class where they learn the importance of practicing safe sleeping habits for their infant.

Bloomington Hospital Foundation's 2017 Crib for Every Baby Campaign

looks to fund the purchase of portable cribs for this most vulnerable portion of our population. This \$110,000 campaign will fund the purchase of 500 cribs per year for the next five years and will also help educate parents on the importance of safe sleeping habits.

Please join us in making an impact on our community's precious bundles of joy. Consider supporting the Foundation's 2017 Crib for Every Baby Campaign. Call the Foundation at 812.353.9528 to make a donation or use the enclosed card and remit envelope. To donate online, please visit BloomingtonHospitalFoundation.org, click on "Give Now," and select "other" as your fund designation. Please type "Crib for Every Baby" in the comments.

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IMPACT LOCAL HEALTHCARE

